

Walkabout Flintshire

Minutes of an Open Meeting 2pm on 7th December 2018

Rhydymwyn Nature Reserve

1. Present

16 people attended the meeting and 2 apologies had been received

2. Minutes of the meeting 10th August 2018 were accepted.

3. Matters arising.

All surgeries in Flintshire had been contacted and sent a suggested format regarding information about Walkabout Flintshire walks in their areas. This information to be displayed on their message boards (i.e. TV). To date feedback has been positive.

Michael Fyldes and Arwel Roberts are now signatories for the bank account.

First Aid training Day was carried out, 15 people attended. When there is demand it will be repeated.

Action for new secretary.

New walk register forms had been printed and have been distributed.

Medical Information Cards were unobtainable from the Welsh Ambulance Service.

(See point 5)

Mold Food Fair our booking was withdrawn, as no volunteers were available.

LWC Coordinator had been invited to this meeting but due to change of role was unable to attend.

Printed walk programmes had been corrected and new copies received for distribution.

Point 7 on the agenda i.e. Secretary post was discussed next.

7. June Brady had applied for the post of Secretary. The secretary role must be appointed by Trustees. June Brady was proposed and seconded, a vote of all Trustees taken and carried. The general meeting proposed, seconded and voted June Brady to become a Trustee.

4. Treasurer's Report.

Neville distributed copies of the latest balance sheet year to date 3rd December 2018. Included were year ending figures for 2015, 16 and 17.

Balance £9853.92

Shaun Darlington Finance Manager at FLVC will be asked to scrutinise this years accounts and verify same.

There was a question of the date for future year ends, as the annual return to the Charity Commission is made at the end of August.

Action secretary to determine year end date.

5. Neville and Gill attended LWC meeting in Llandrindod Wells on 31st October 2018. Ramblers will be coordinating a bid on our behalf for funds from the Healthy and Active Fund.

While this was being discussed a message was received as below:-

Please note that due to the recently announced delay in assessing Expressions of Interest to the Healthy & Active Fund we have rescheduled the Let's Walk Cymru meeting planned for 13 December to **Friday 11 January 2019** from 11am to 3pm at the Media Resource Centre, Oxford Road, **Llandrindod Wells**, LD1 6AH. The meeting is for those interested in being part of shaping the final Healthy & Active Fund application

June suggested that Video Conferencing could be an alternative for LWC meetings.

Action secretary.

LWC had offered 200 Medical Information Cards which are on order. These will be offered to walkers but their use will be optional.

6. Neville and Mike attended Enabling Nature Grant meeting in Wepre on 16th November 2018. The main thrust of the meeting was Healthy people – Healthy places.

An application for funding is being made for Flintshire outside the AONB to improve access to footpaths and make new footpaths which will link local urban areas. For Walkabout Flintshire this could mean funding to promote and extend walks into areas not yet served.

8. It was decided not to have an annual walk in April 2019. It was agreed that an anniversary walk every 5 years should take place. The next one being in 2023.

9. Open session.

Chairman Dave Mackie had attended a Planning Department and Betsi Cadwaladr University Health Board (BCUHB) meeting. Here he spoke to the Director of the East!!(BCUHB) with regard to Social Prescribing via General Practitioners and Hospitals in our area. Walkabout Flintshire could be a focal point for doctors to refer patients through Social Prescribing to take part in our walks.

Advance notice of meetings to be emailed the week before as it was remarked that a 2 week notice period was excessive.

Arwel asked for more extra large hi-viz walk leader jackets to be purchased. He had priced them at several outlets at various prices all about £7 each. The meeting agreed that the secretary should ask Dave Waller how many jackets he has and of what sizes before any more are purchased.

Action secretary.

Peter asked the secretary to check the renewal date of our insurance when she attends the next LWC meeting.

Gill reported that the Welsh Ambulance Service have a new App entitled GoodSam Respondent.

It can be used in case of walking emergencies to summon an ambulance to your exact location.

It also details where the nearest defibrillator and ambulance is located.

Neville has produced draft Attendance sheets and New Walker details forms. He felt that the LWC form that had been printed was not entirely suitable in our case.

10. There being no other business the chairman closed the meeting at 16.06.

The next meeting will be the Annual General Meeting to be held on Friday 8th February 2019 at 3pm at Rhydymwyn Nature Reserve.

This will be preceded by a walk at 2pm at the Nature Reserve, after the AGM there will be an Open Meeting.