

**Friday.**

**Shotton**

60 min & 90 min  
10.30  
Melrose Inn  
CH5 1LR  
Grade 1 to 2 easy/mod  
Facilities PTBR

**Lixwm.**

90 min  
18.45  
Crown Inn  
CH8 8NQ  
Grade 2 moderate  
Facilities PTR  
(April to September only)

**Carmel**

90 min  
19.00  
Ffordd Gwelfor  
CH8 8SQ  
Grade 2 moderate  
Facilities P  
(Note: end of May to mid  
September only)

**Saturday.**

**Penyffordd**

60-90 min  
10.00am  
Royal British Legion car park  
CH4 0JZ  
Grade 0 intro 1 Easy  
Facilities PTRB  
2nd and 4th Saturday

**Halkyn**

90 min  
10.30 Blue Bell Inn  
CH8 8DL  
Grade 1 to 2 easy/mod  
Facilities PTBR

**Halkyn**

180 min 10.30 Blue Bell Inn  
CH8 8DL  
Grade 3 hard  
Facilities PTBR  
Note: 3rd Sat each month;  
bring a picnic

**Llanasa**

180 min  
10.00  
various start points  
Grade 2 moderate  
Call Jeff Morgan on 01745 570  
981 to confirm start point  
Facilities PR  
2nd Saturday each month

**Sunday.**

**Holywell**

180 min  
09.45  
usually Home Bargains  
CH8 7TQ  
Grade 3 moderate  
Facilities PTBR  
Call 07577 555 168 to confirm  
start point.

**Notes:** All our walks have been  
graded to help choose a walk  
suitable for your abilities

**Grade 0** Introductory; Short  
mostly flat circular walks up to  
1.5 miles. Suitable for  
beginners and those with  
pushchairs.

**Grade 1** Easy; Mostly flat with  
slight inclines on footpaths and  
no stiles.

**Grade 2** Moderate; Inclines on  
footpaths and grassland and  
could include stiles.

**Grade 3** Hard; Some steeper  
inclines and stiles over  
footpaths and grassland.

Facilities available at the start of  
the walk are;

P = parking  
T = toilets  
R = refreshments  
B = on a 'bus route

Some walks have a star (\*). This  
means that there are car share/out-  
of-town walks organised from time  
to time.

Please contact your walk leader or  
see our website for more details.

Telephone numbers are included  
where the walk start varies. Please  
contact the walk leader to confirm  
the start point.

**Dog walkers are welcome subject  
to certain conditions.**

**Please see our website for full  
details. If you would like to see  
this programme in Welsh, please  
go to our website which is;**

**[www.walkaboutflintshire.com](http://www.walkaboutflintshire.com)**

**Free** led walks for all abilities.

# Walkabout Flintshire

Fun + Fitness + Friendship

Walking has been shown to improve fitness  
and self confidence in all ages.

Choose a walk to suit your ability and just  
turn up at the start. There's no need to book in  
advance.

Aim to arrive at least 15 minutes before the  
start time. This will give you time to register  
and listen to the walk leader's briefing.

All walks are led by trained volunteers.

Please ensure you have either stout shoes or  
walking boots and don't forget to bring  
waterproof clothing in case of rain!

Details of other organisations offering led  
walks in this area can be found on our  
website; [www.walkaboutflintshire.com](http://www.walkaboutflintshire.com)

Every effort has been made to ensure  
accuracy of this publication. We cannot accept  
responsibility for any errors or omissions.

**Updated 2 May 2023.**

**Monday.**

**Mold \***  
60 min to 90 min  
10.30  
Tesco car park Mold  
CH7 1UB  
Grade 1 easy to 2 mod  
Facilities PTBR

**Tuesday.**

**Northop Hall Area \***  
90 min  
10.45 Call Brian on  
01244 544 564 for start details  
Grade 2 moderate  
Facilities P

**Holywell**  
90 min & 120 min  
13.00  
Leisure Centre  
CH8 7UZ  
Grade 2 moderate  
Facilities PTBR

**Mold \***  
90 min to 120 min  
14.00 Queens Head  
CH7 1UQ  
Grade 3 hard  
Facilities PBTR

**Wednesday.**

**Flint**  
90 min  
10.30  
Jade Jones Pavilion  
CH6 5ER  
Grade 1 to 2 easy to moderate  
Facilities PTBR

**Caerwys**  
60 – 90 min  
**11.00 (wef 2/11/22)**  
Marian Car Park  
Grade 2 moderate  
Facilities PTR

**Halkyn**  
60 min and 90 min  
19.00 Blue Bell Inn  
CH8 8DL  
a. Grade 1 easy  
b. Grade 1 to 2 easy to moderate  
Facilities PTR  
(Note: April to September only)

**Thursday.**

**Halkyn**  
90 min  
14.00  
Blue Bell Inn  
CH8 8DL  
a. Grade 2 moderate  
b. Grade 3 hard  
Facilities PTBR

**Nordic Walks**

**Tuesday**  
**Greenfield Valley**  
**Copper Hill Pool**  
(sometimes Greenfield Dock:  
check first)  
10.00  
about 60 minutes  
Grade 1 or 2 easy to moderate  
Facilities PTBR Tel: 01352 711 309  
for start point (not during school  
holidays)

**For more details of special, out-of-  
town, charity, pram walks and loads  
more, please go to our website;  
[www.walkaboutflintshire.com](http://www.walkaboutflintshire.com)**

**Follow us on  
Facebook.com/Walkabout  
Flintshire and Twitter.**

